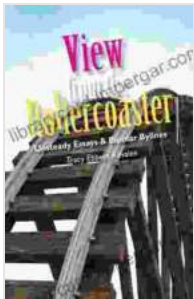


View From The Rollercoaster: Unsteady Essays And Bipolar Bylines

In her unflinchingly honest and deeply moving memoir, *View From The Rollercoaster*, author Emily Writes uncovers the complex and often misunderstood world of bipolar disorder. Free Download.



View from the Rollercoaster - Unsteady Essays and Bipolar Bylines by Tracy Revalee

★★★★★ 5 out of 5

Language : English
File size : 298 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 71 pages
Lending : Enabled



Through a series of essays and bylines, Emily chronicles her personal journey with bipolar disorder, from the initial onset of symptoms to her eventual diagnosis and recovery. She writes with candor and humor about the highs and lows of living with a mental illness, exploring the challenges and triumphs she has faced along the way.

Emily's writing is both personal and universal. She captures the unique experiences of living with bipolar disorder, but she also speaks to the broader human experience of mental illness. Her words will resonate

with anyone who has ever struggled with their own mental health, or who has loved someone who has.

View From The Rollercoaster is a powerful and inspiring memoir that challenges the stigma surrounding mental illness. It is a story of hope, resilience, and recovery. Emily's voice is a beacon of light for others who are struggling with their own mental health journeys.

Praise for *View From The Rollercoaster*

"Emily Writes is a gifted storyteller who writes with honesty, wit, and resilience. *View From The Rollercoaster* is a must-read for anyone who has ever struggled with mental illness."

— **Glennon Doyle, author of *Untamed***

"Emily's writing is a powerful reminder that we are not alone in our struggles. *View From The Rollercoaster* is a beacon of hope for others who are struggling with their own mental health journeys."

— **Elizabeth Gilbert, author of *Big Magic***

"Emily Writes is a brave and compassionate writer who shares her story with the world in the hopes of helping others. *View From The Rollercoaster* is a powerful and important book."

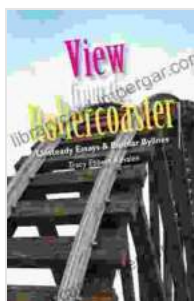
— **Brene Brown, author of *Daring Greatly***

About the Author

Emily Writes is a writer, speaker, and mental health advocate. She is the author of the popular blog *mentalhealthmatters.co.nz*, and her work has been featured in numerous publications, including *The New York Times*, *The Huffington Post*, and *The Guardian*. Emily is passionate about reducing the stigma surrounding mental illness and promoting mental health literacy.

Free Download Your Copy Today

View From The Rollercoaster is available now at all major bookstores.



View from the Rollercoaster - Unsteady Essays and Bipolar Bylines by Tracy Revalee

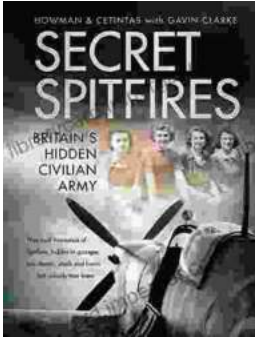
★★★★★ 5 out of 5

Language : English
File size : 298 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 71 pages
Lending : Enabled

FREE

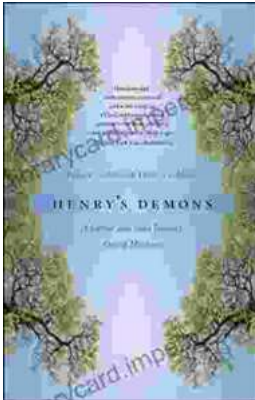
DOWNLOAD E-BOOK





Unveiling the Secret Spitfires: Britain's Hidden Civilian Army

: The Untold Story of Britain's Spitfires In the annals of World War II, the legendary Spitfire fighter aircraft stands as an enduring symbol of British resilience and...



Living With Schizophrenia: A Father and Son's Journey

Schizophrenia is a serious mental illness that affects millions of people worldwide. It can cause a variety of symptoms, including hallucinations, delusions,...