

# Unveiling the Hidden Lives of Domestic Workers: A Review of "Those Who Labor For My Happiness"



**By Gaiutra Bahadur**

In her poignant and eye-opening book, "Those Who Labor For My Happiness," Gaiutra Bahadur shines a light on the often-overlooked lives of domestic workers. Through intimate portraits of four women—a nanny, a housekeeper, a home health aide, and a factory worker—Bahadur exposes the harsh realities, resilience, and hidden dreams of these unsung heroes.

## **"Those Who Labor for My Happiness": Slavery at Thomas Jefferson's Monticello (Jeffersonian America)**

by Lucia C. Stanton

★★★★☆ 4.5 out of 5

Language : English



File size	: 3103 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 384 pages



Based on years of in-depth research and interviews, Bahadur's narrative takes us into the homes of these workers, revealing their struggles with low pay, long hours, and isolation. She exposes the exploitation and abuse that many face, while also highlighting their unwavering dedication to their families and communities.

Through the stories of these women, Bahadur challenges our notions of care work, immigration, and social justice. She forces us to confront the inequalities that persist in our society and to recognize the humanity and dignity of those who labor for our well-being.

### **About the Author**

Gaiutra Bahadur is a Peabody Award-winning journalist and the author of the critically acclaimed memoir "Coolie Woman: The Odyssey of Indenture." Her writing has appeared in The New York Times, The Atlantic, and Harper's Magazine, among other publications. She is a professor of journalism at Emerson College and a fellow at the Radcliffe Institute for Advanced Study at Harvard University.



***““A powerful and moving account of the lives of domestic workers, revealing the hidden stories of those who care for our homes and families.” – The New York Times”***

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***““A must-read for anyone who wants to understand the human cost of our economic system.” – The Atlantic”***

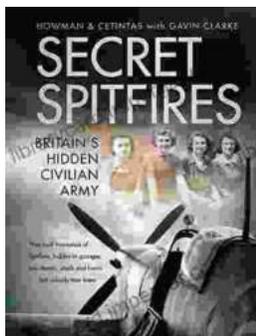


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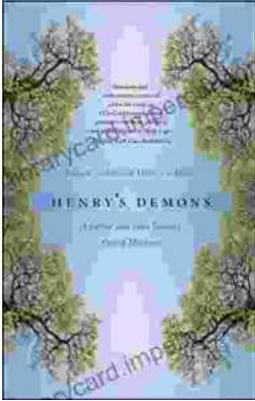
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