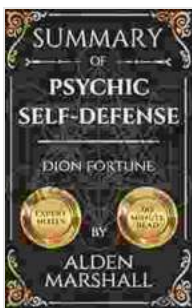


Unlock the Secrets of Psychic Self-Defense: A Comprehensive Summary of Dion Fortune's Masterpiece

In a world teeming with unseen forces and energies, safeguarding our psychic well-being is paramount. Dion Fortune, a renowned spiritualist and author, has penned the seminal guide to psychic self-defense, offering transformative insights and practical techniques to empower individuals on their journey of spiritual growth.



Summary of Psychic Self-Defense by Dion Fortune

by Alden Marshall

★★★★☆ 4.4 out of 5

Language : English
File size : 1387 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 402 pages
Lending : Enabled



This comprehensive summary of Psychic Self-Defense delves into the profound wisdom contained within the pages of Fortune's masterpiece. It unveils the secrets to:

- Understanding the nature of psychic attacks and their impact on our lives

- Developing psychic shields to protect ourselves from harmful energies
- Performing psychic cleansing rituals to purify our auras and environments
- Employing psychic healing techniques to restore balance and harmony
- Establishing psychic boundaries to safeguard our personal space

Unveiling the Nature of Psychic Attacks

Fortune illuminates the various forms of psychic attacks, including:

- Thought-forms: Negative thoughts and emotions projected towards us from others
- Astral entities: Discarnate beings that can drain our energy or influence our behavior
- Psychic vampires: Individuals who intentionally or subconsciously feed off our psychic energy

By understanding the nature of these attacks, we can proactively protect ourselves against their harmful effects.

Developing Psychic Shields

Fortune provides a range of techniques to create powerful psychic shields, such as:

- Visualization: Imagining a protective sphere of light surrounding us
- Affirmations: Positive and protective statements repeated regularly

- **Mantras:** Chanting sacred words or phrases to create a barrier of sound

These shields act as energetic barriers, deflecting and neutralizing negative energies directed towards us.

Performing Psychic Cleansing Rituals

To purify our auras and environments from psychic residue, Fortune prescribes a variety of cleansing rituals, including:

- **Psychic baths:** Using salt, herbs, or crystals in baths to cleanse our energy field
- **Smudging:** Burning sage, incense, or other herbs to purify our surroundings
- **Psychic housecleaning:** Visualizing negative energies being removed from our homes or workspaces

These rituals restore balance and harmony to our psychic atmospheres.

Employing Psychic Healing Techniques

Fortune emphasizes the importance of psychic healing to address the damage caused by psychic attacks. She offers techniques such as:

- **Self-healing:** Using visualization, affirmations, and energy work to heal our own auras
- **Distance healing:** Sending healing energy to others who are in need

- Crystal healing: Utilizing the vibrational energies of crystals to promote healing and balance

These techniques empower us to restore our psychic health and well-being.

Establishing Psychic Boundaries

To safeguard our personal space, Fortune teaches us the art of establishing psychic boundaries. This involves:

- Setting clear limits: Communicating our boundaries to others and enforcing them assertively
- Visualizing boundaries: Imagining a line of energy around us that prevents others from encroaching
- Using affirmations: Repeating statements that reinforce our right to protect our space

By establishing psychic boundaries, we prevent energy leaks and protect our precious psychic resources.

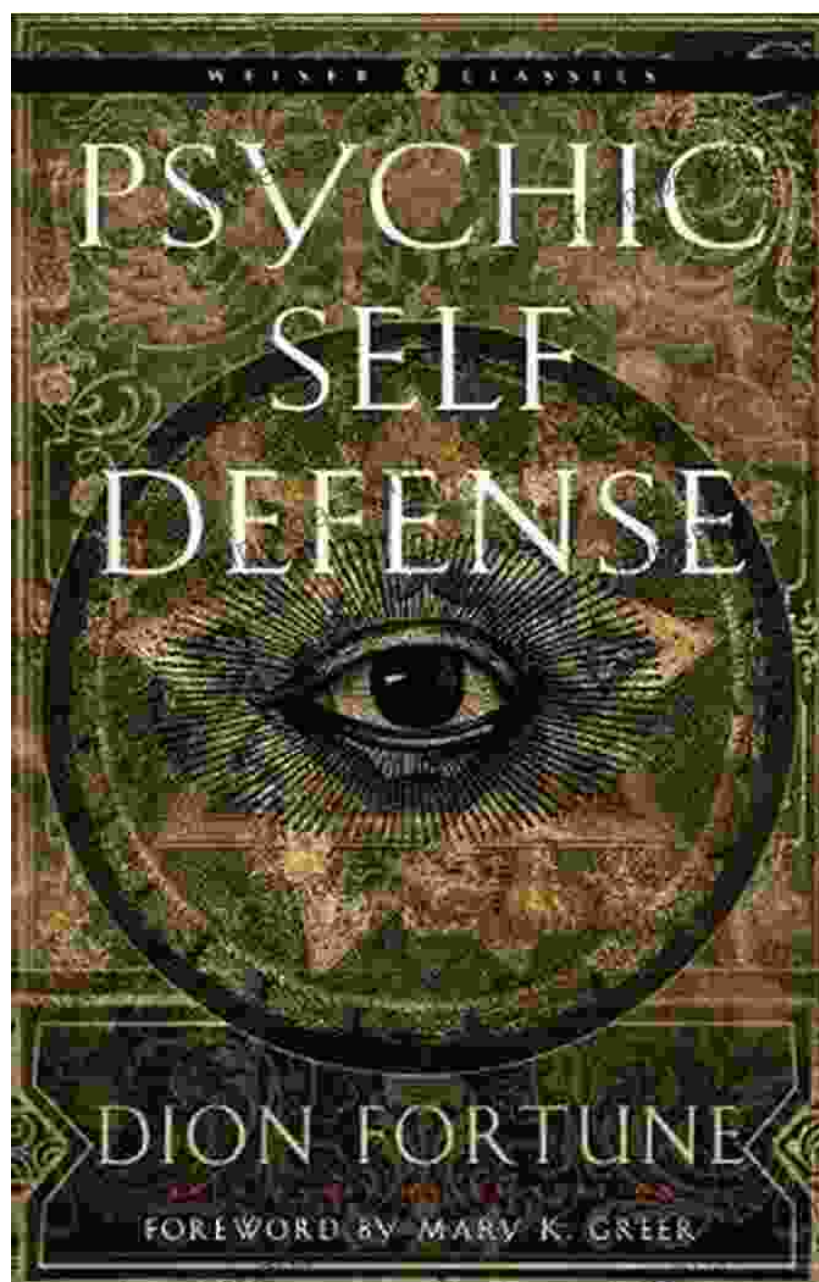
Transforming Your Life with Psychic Self-Defense

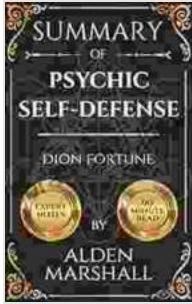
Dion Fortune's Psychic Self-Defense is a transformative guide that empowers us to navigate the unseen world and protect our psychic well-being. By applying the principles and techniques outlined in this summary, we can:

- Shield ourselves from negative psychic influences
- Purify our auras and environments

- Heal psychic wounds and restore balance
- Establish strong psychic boundaries
- Foster personal growth and empowerment

Embrace the wisdom of Psychic Self-Defense and embark on a journey of psychic empowerment. Free Download your copy today and unlock the secrets to safeguarding your psychic well-being.



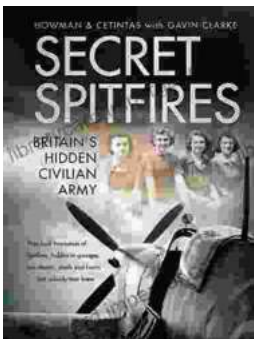


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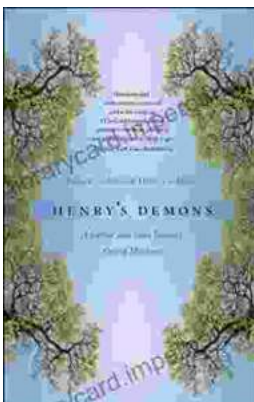
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