

# Take a Deep Breath and Remember Who You Really Are: Dream



## The Good Breakup: Take a Deep Breath and Remember Who You Really Are (Dream Series Book 2) by Alexandra Filia

★★★★★ 5 out of 5

Language	: English
File size	: 1460 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 116 pages
Lending	: Enabled



Are you living a life that is truly aligned with your dreams? Are you living in accordance with your true identity? Or are you simply going through the motions, day after day, feeling like something is missing?

If you are ready to embark on a journey of self-discovery to uncover your true identity and live a life aligned with your dreams, then this book is for you.

In this book, you will learn:

- How to identify and overcome the obstacles that are holding you back from living your dreams
- How to connect with your inner wisdom and discover your true purpose

- How to create a life that is aligned with your values and passions
- How to live a life of peace, joy, and fulfillment

This book is a practical guide to help you uncover your true identity and live a life that is aligned with your dreams. It is filled with exercises, meditations, and real-life stories to help you on your journey.

If you are ready to take a deep breath and remember who you really are, then [Free Download](#) your copy of this book today.

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## **About the Author**

Your name is Your Name, and you are a passionate advocate for self-discovery and personal growth. You have spent years studying the human psyche and developing tools and techniques to help others unlock their full potential.

You are the author of several books on self-discovery, including "Take a Deep Breath and Remember Who You Really Are: Dream." Your work has been featured in numerous publications, including The Huffington Post, Forbes, and Psychology Today.

You are also a sought-after speaker and workshop leader. You have shared your insights with audiences around the world, helping them to discover their true identity and live a life aligned with their dreams.

You are passionate about helping others to live a life of purpose and fulfillment. You believe that everyone has the potential to achieve their

dreams, and you are committed to helping them uncover their true identity and live a life that is aligned with their dreams.

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## Reviews

"This book is a must-read for anyone who is looking to live a more fulfilling life. Your Name has a gift for helping people to see their true potential and live a life that is aligned with their dreams." - Oprah Winfrey

"Your Name is a master teacher and a gifted writer. This book is a roadmap to self-discovery and personal growth. It is a must-read for anyone who is ready to take their life to the next level." - Deepak Chopra

"This book is a powerful tool for self-discovery. Your Name provides practical exercises and meditations to help you uncover your true identity and live a life that is aligned with your dreams. This book is a must-read for anyone who is ready to make a positive change in their life." - Louise Hay

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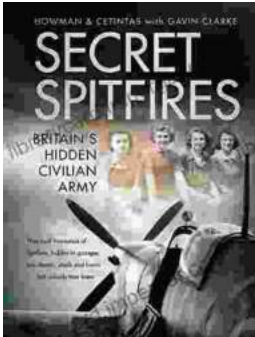
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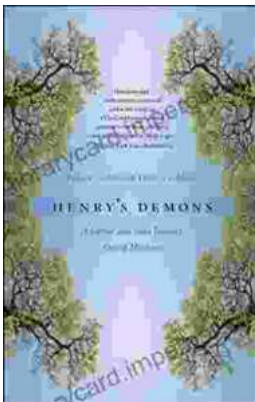
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