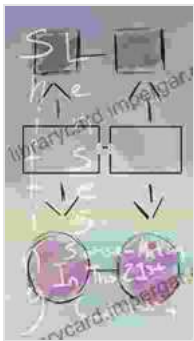


Shifting Lenses: Sense-Making in the 21st Century

In the 21st century, we are bombarded with information from all sides. The internet has made it possible for anyone to publish anything, and social media has created echo chambers where we are only exposed to opinions that we agree with. This can make it difficult to know what is true and what is not, and to make informed decisions about our lives.



Shifting Lenses: Sense-Making In The 21st Century

by Jill Conner Browne

★★★★★ 5 out of 5

Language : English
File size : 588 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 93 pages
Lending : Enabled



In *Shifting Lenses*, cognitive scientist Dr. Emily Pronin provides a groundbreaking framework for making sense of our rapidly changing world. Drawing on insights from cognitive science, neuroscience, and philosophy, this book empowers readers with the tools they need to navigate the complexities of the 21st century and make informed decisions amidst conflicting information and perspectives.

The Importance of Sense-Making

Sense-making is the process of giving meaning to our experiences. It is essential for our ability to function in the world. Without sense-making, we would be lost and confused, unable to make decisions or take action.

In the 21st century, sense-making is more important than ever. The world is changing at an unprecedented pace, and we are constantly bombarded with new information. This can make it difficult to keep up and to make sense of what is happening.

Shifting Lenses provides a framework for sense-making that can help us to navigate the complexities of the 21st century. This framework is based on the idea that we all have multiple lenses through which we view the world. These lenses can be shaped by our experiences, our culture, our beliefs, and our values.

By understanding our own lenses and the lenses of others, we can better understand the world around us and make more informed decisions.

The Six Lenses of Sense-Making

In *Shifting Lenses*, Dr. Pronin identifies six lenses that we all use to make sense of the world:

1. **The Ego Lens:** This lens focuses on our own experiences and beliefs. It is the lens through which we see ourselves and our place in the world.
2. **The Social Lens:** This lens focuses on our relationships with others. It is the lens through which we see our family, friends, and community.

3. **The Cultural Lens:** This lens focuses on the culture in which we live. It is the lens through which we see our values, beliefs, and norms.
4. **The Historical Lens:** This lens focuses on the past. It is the lens through which we see history and its impact on the present.
5. **The Scientific Lens:** This lens focuses on the natural world. It is the lens through which we see science and its implications for our lives.
6. **The Philosophical Lens:** This lens focuses on the big questions of life. It is the lens through which we see our purpose in life and our place in the universe.

These six lenses are not mutually exclusive. We often use multiple lenses to make sense of the world around us. However, by understanding our own lenses and the lenses of others, we can better understand the world and make more informed decisions.

How to Shift Lenses

The first step to shifting lenses is to become aware of your own lenses. What are your experiences, beliefs, and values? How do these lenses shape your view of the world?

Once you are aware of your own lenses, you can begin to shift them. This can be done by exposing yourself to new experiences, reading different perspectives, and talking to people who have different backgrounds than you.

Shifting lenses is not always easy, but it is essential for making sense of the 21st century. By understanding our own lenses and the lenses of

others, we can better understand the world around us and make more informed decisions.

Shifting Lenses is a must-read for anyone who wants to make sense of the 21st century. This groundbreaking book provides a framework for sense-making that can help us to navigate the complexities of our rapidly changing world and make informed decisions amidst conflicting information and perspectives.

If you are ready to shift your lenses and see the world in a new way, then I encourage you to read *Shifting Lenses* today.

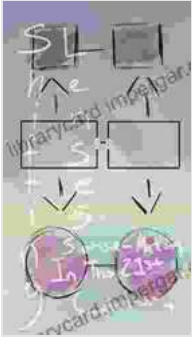


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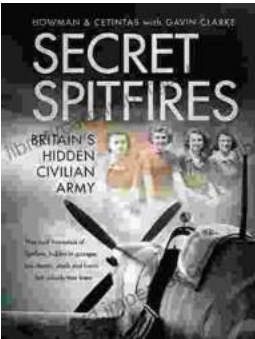
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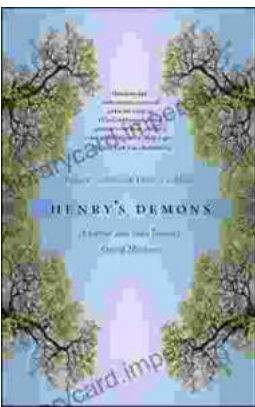


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