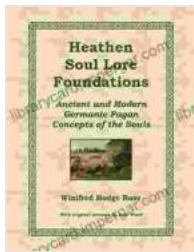


# Ancient and Modern Germanic Pagan Concepts of the Soul

The soul is a complex and multifaceted concept that has been explored by philosophers, theologians, and scientists for centuries.

In the Germanic pagan tradition, the soul is believed to be an immortal essence that resides within each person.



## Heathen Soul Lore Foundations: Ancient and Modern Germanic Pagan Concepts of the Souls by Aliyah Marr

★★★★★ 5 out of 5

Language : English  
File size : 16759 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 582 pages



Ancient Germanic pagan beliefs about the soul are rooted in the concept of the triple soul, which is composed of:

- The **hugr**, which is the conscious mind and intellect.
- The **hamr**, which is the vital life force or breath.
- The **fylgja**, which is a guardian spirit or animal companion.

Each part of the triple soul is believed to have its own unique function and purpose.

The hugr is responsible for thought, memory, and reason.

The hamingja is responsible for strength, vitality, and courage.

The fylgja is responsible for protection and guidance.

It was believed that the triple soul remained connected even after death. The hugr would travel to the afterlife, while the hamingja and fylgja would remain with the body to protect it from harm.

Modern Germanic pagans have adopted many of the ancient beliefs about the soul, but they have also developed new interpretations and understandings of this concept.

Some modern Germanic pagans believe that the soul is a reincarnating entity that lives many lives in different bodies.

Others believe that the soul is an individual entity that exists independently of the body.

Still others believe that the soul is a part of a larger collective consciousness.

There is no one definitive answer to the question of what the soul is. However, the ancient and modern Germanic pagan concepts of the soul offer a rich and fascinating perspective on this timeless mystery.

## **The Soul in Ancient Germanic Paganism**

The ancient Germanic pagans believed that the soul was an immortal entity that resided within each person.

They believed that the soul was composed of three parts: the hugr, the hamingja, and the fylgja.

The hugr was the conscious mind and intellect.

The hamingja was the vital life force or breath.

The fylgja was a guardian spirit or animal companion.

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## Further Reading

- Soul (Wikipedia)
- Soul (Encyclopedia Britannica)
- Soul (New World Encyclopedia)
- Germanic Paganism (Ancient Origins)
- Germanic Paganism: Beliefs and Practices (The Mystica)



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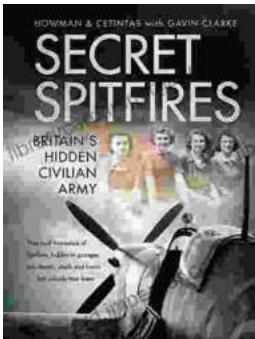
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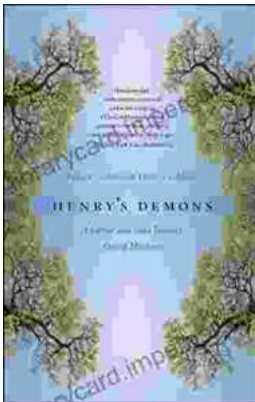
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